

## Teresa Ann Polk, Major (Retired)

NABMW Executive Board Elected Position: President, January 2025 - Present

**Personal History:** Born in Bluefield, W.VA. Married to COL (Retired) Anthony J. Polk. Resides in Manassas, VA.

Rank: Major

SSI (Officers): 66H Medical Surgical Nurse

Military Branch: Army Time in Service: 1978-1998

**Duty Assignments:** Served in the Army Nurse Corp for 20 years, retiring as a Major in 1998. Her assignments included: Male Surgical and Psychiatry Units, Emergency Room and Head Nurse of Family Practice at FT. Polk, LA; Staff Nurse at the 121 Evac Hospital, Yongsan, Korea, Staff Nurse ENT/Oral Surgery, Orthopedics and Head Nurse Neurology and General Surgery at Walter Reed Army Medical Center, Head Nurse Same Day Surgery, Brooke Army Medical Center, FT Sam Houston, Texas, Head Nurse Medical Unit at FT. Meade, MD and Chief Nurse, US Army Health Clinic, FT. Ritchie, MD.

Organization/Positions/Assignments in which you were a FIRST: N/A

**Deployments:** N/A

**Awards Include:** Meritorious Service Medal (3<sup>rd</sup> OLC), Army Commendation Medal, Army Achievement Medal (3<sup>rd</sup> OLC), National Defense Service Medal, Army Service Ribbon, Overseas Service Ribbon, and Expert Field Medical Badge.

Other Professional Affiliations: Diamond Life Member, Delta Sigma Theta Sorority, Inc. (Prince William County Alumnae Chapter); Charter Member, National Association of 100 Black Women Inc., Prince William County Chapter, Member of Sigma Theta Tau International Honor Society of Nursing and the National/Virginia Association of School Nurses, Charter Member, Museum of African American History.