

Lakeisha M. Trimm-Green

LaKeisha Trimm-Green is writer originally from Franklin, Louisiana mother of four and grandmother of five. She is a U.S Army Veteran that is proudly still servicing her country with dignity and pride. She is one of six founders of Alpha Delta Omega Military Sorority Inc. Mrs. Trimm-Green has a degree in Health Administration, Business Administration and Health Information Technologies/ Medical Front Office. Mrs. Trimm-Green is the CEO of Moments Like This Coaching and Counseling Services LLC, Motivational Speaker, Grief Counselor, Mental Health Coach/Advocacy. In her spare time, she enjoys riding motorcycles, traveling, helping others, family time, reading and journaling. Mrs. Trimm has co-authored 2x International bestselling books and is 3x Amazon Bestselling Author. Mrs. Trimm-Green loves giving herself by doing selfless service for other in her spare time because she was always told whatever you do, do it out the kindness of your heart and not for shine.